

# Contact information

August 1, 2026 - July 31, 2027



Coverage	Carrier	Phone #	Website/Email
Medical	CA & OOS: Blue Shield	(888) 256-1915	<a href="http://www.blueshieldca.com">www.blueshieldca.com</a>
	CA Only: Kaiser	(800) 464-4000	<a href="http://www.kp.org">www.kp.org</a>
Chiropractic	CA Only: American Specialty Health	(800) 678-9133	<a href="https://iamoh.org/chiro">https://iamoh.org/chiro</a>
Dental	CA Only: Delta Dental	HMO: (800) 422-4234	<a href="http://www.deltadentalins.com">www.deltadentalins.com</a>
	CA & OOS: Delta Dental	PPO: (888) 335-8227	
Vision	VSP	(800) 877-7195	<a href="http://www.vsp.com">www.vsp.com</a>
FSAs & HRA	WEX	(866) 451-3399	<a href="https://benefitslogin.wexhealth.com">https://benefitslogin.wexhealth.com</a>
Life/AD&D/Disability	New York Life	(800) 842-4462	<a href="http://www.newyorklife.com">www.newyorklife.com</a>
Voluntary Benefits	Aflac	(310) 500-0692	<a href="http://www.aflac.com">www.aflac.com</a>
Childcare	KinderCare	N/A	<a href="https://www.kindercare.com">https://www.kindercare.com</a>
Pre-Paid Legal ID Theft	Pre-Paid Legal	(865) 293-2453	<a href="mailto:CAP@premiersolutionsintl.com">CAP@premiersolutionsintl.com</a>
401(k)	Empower Retirement	(833) 569-2433	<a href="http://www.RetireSmart.com">www.RetireSmart.com</a>
EAP	New York Life	(800) 344-9752	<a href="http://www.guidanceresources.com">www.guidanceresources.com</a> (Web ID: NYLGBS)