

Contact information

August 1, 2026 - July 31, 2027



Coverage	Carrier	Phone#	Website/Email
Medical	CA & OOS: Blue Shield	(888) 256-1915	www.blueshieldca.com
	CA Only: Kaiser	(800) 464-4000	www.kp.org
Chiropractic	CA Only: American Specialty Health	(800) 678-9133	https://www.iapmohr.org/chiro
Dental	CA Only: Delta Dental	HMO: (800) 422-4234	www.deltadentalins.com
	CA & OOS: Delta Dental	PPO: (888) 335-8227	
Vision	VSP	(800) 877-7195	www.vsp.com
FSA's & HRA	WEX	(866) 451-3399	https://benefitslogin.wexhealth.com
Life/AD&D/Disability	New York Life	(800) 842-4462	www.newyorklife.com
Voluntary Benefits	Aflac	(310) 500-0692	www.aflac.com
Childcare	KinderCare	N/A	https://www.iapmohr.org/childcare
Pre-Paid Legal ID Theft	Pre-Paid Legal	(865) 293-2453	CAP@premiersolutionsintl.com
401(k)	Empower Retirement	(833) 569-2433	www.RetireSmart.com
EAP	New York Life	(800) 344-9752	Guidanceresources.com Web ID: NYLGBS